

Jasper Youth Sports Association (JYSA)

OFFICIAL RULES AND REGULATIONS

Approved May 17, 2018

RULE I - GENERAL

Section 1 - Cheer: The following rules shall apply to all Jasper Youth Sports Association Executive Board members, coaches, parents, and participants. All rules specifically addressed in the By-Laws and Rules of the league in which JYSA football teams participate will take precedence for Sideline cheer. This document will govern the actions of JYSA for any issues not addressed in the above documents. The JYSA Executive Board will be the ruling and governing body, and all decisions by the Board will be binding to all parties.

Section 2 - Wrestling: The following rules shall apply to all Jasper Youth Sports Association Executive Board members, coaches, parents, and participants. As per USA Wrestling, all Rules specifically addressed in the USA Wrestling By-Laws and Rules will take precedence. This document will govern the actions of JYSA for any issues not addressed in the above documents. The JYSA Executive Board will be the ruling and governing body, and all decisions by the Board will be binding to all parties.

Section 3 - Baseball: The following rules shall apply to all Jasper Youth Sports Association Executive Board members, coaches, parents, and participants. All Rules specifically addressed in the Dizzy Dean published Rules or the By-Laws and Rules of the league or individual tournaments in which JYSA teams participate will take precedence. This document will govern the actions of JYSA for any issues not addressed in the above documents. The JYSA Executive Board will be the ruling and governing body, and all decisions by the Board will be binding to all parties. The JYSA Baseball Director has the discretion to make or modify rules for all JYSA baseball activities and events, subject to approval by the JYSA Executive Board.

RULE II - REGISTRATION/ROSTERS

Section 1- A player is ineligible to participate in the program, including practice, unless he/she is registered with the Executive Board and has paid all Fees or made other arrangements that have been accepted by the Board. Registration means that the player and parent/guardian have filled out and signed the player agreement form, and said form is on file with the Executive Board for purpose of identification and eligibility of game participation.

Section 1.1- A player's eligibility to play for JYSA will be determined by the individuals sport governing body.

Section 2 - Each Player will be assessed a fee, due at the time of equipment check-out. The assessment will be used for insurance, uniform and equipment maintenance, and other incidentals. Scholarship options (Hardships) and/or Payment Plans are available to players based on need.

Section 3 - Any player granted a Scholarship must provide all required documentation before the league's roster submission date or risk becoming ineligible for participation.

Section 4 - Coaches must turn in an official roster by the deadline of the individual sport governing body.

RULE III- COACHES

Section 1- All coaches' classifications will be as follows: Head Coach, Assistant Head Coach, Sideline Coach, Practice Coach, and Statistician. Requirements and Certifications for each will be as follows:

1. **Head Coach** - Must be certified in their sport. Must pass an annual background check and submit all required paperwork. May be required to attend additional clinics and meetings. Head coach or child must meet the residency requirements.
2. **Assistant Head Coach** - same requirements as Head Coach. Must be capable and prepared to handle the team in the Head Coach's absence.
3. **Sideline Coach** - Must be certified in their sport. Must pass an annual background check.
4. **Practice Coach** - Must be certified in their sport. Must pass an annual background check. May choose to obtain a sideline pass with approved training.
5. **Statistician** - No special requirements unless on field, and if so, must be certified by the league's governing body. Must be accountable for ensuring that every child gets the minimum play requirements.
6. **Team Director**- Must pass an annual background check. No special requirements unless on field, and if so must pass approved training.

Section 2 - Head Coaches for all sports will be selected by the Board. The Board will conduct an interview process and the candidates will be voted on. If there is potential for multiple teams within an age group, the Board will select the coach that will become Head Coach in the event the team does split.

Section 3 - The remainder of the coaching staff will be assembled by the Head Coach and subject to approval by the Board.

Section 4 - Always show good sportsmanship, don't make a statement that demeans or harass other parents, players, teams or coaches.

Section 5 – Background standards – JYSA Board shall adhere to the established guidelines for all Board members, coaches, team directors, etc.

Section 6 – ALL JYSA COACHES shall be subject to random drug test.

RULE IV- DISCIPLINARY ACTIONS

Section 1- Any coach, player, or spectator ejected from a game or facility for any reason will serve a one game suspension in addition to the suspension from the current game. The coach will not be allowed in or around the facility while serving their suspension. After the first ejection / suspension the coach will be placed on a one year probation period.

Section 2 -If a second suspension occurs during the same season the person can be suspended for the remainder of the season, regular season and playoffs.

Section 3 - Coaches and parents are forbidden from initiating contact with other families and players with the specific intent to recruit them from one team to another or not to play at all. No exceptions! Any coach or parent determined to have violated this policy (or the spirit of this policy) shall be subject to penalties, including suspension from the league for up to one year, as may be determined by the JYSA Board.

Section 4 - A Coach cannot promise the parents or a child that they will play on a certain team, for a particular coach, or in a specific position.

Section 5 - Do not imply or in any way indicate that you speak on behalf of JYSA board as this is a violation of policy and shall be subject to penalties, including suspension from the league for up to one year, or as may be determined by the JYSA Board.

Section 6 - Coaches

Section 6.1- Coaches will be expected to adhere to the Coach's Code of Conduct.

Section 6.2 - Charges of dishonesty and/or working against the principles and purposes of the organization and its rules and regulations may be filed in a Grievance, signed by two (2) people, and submitted with payment to the Executive Board.

Section 6.3 - The accused coach shall be notified in writing of the action and shall have the privilege

of being present at a special or regular meeting of the Executive Board, at which the charges will be considered and presented to the Executive Board.

Section 6.4 - Possible actions taken against a coach may include:

- Written Warning
- Require a public apology
- Probation
- Suspension
- Expulsion (recommended revocation of certification)

Section 6.5 - Disciplinary actions will be determined by a majority vote of the Board.

Section 6.6 - No subordinate member of any coaching staff may removed without prior approval of the Board.

Section 7 - Participants

Section 7.1- Participants will be expected to adhere the Player's Code of Conduct.

Section 7.2 - Failure to act in an appropriate manner may result in the following:

- Loss/ Reduction of Playing time
- Disciplinary actions such as additional running, up-downs, or other calisthenics may be used at the Coach's discretion.
- For more severe actions, suspension or expulsion may result. This will be determined by the Executive Board, not the Coaches.

Section 8 - Parents

Section 8.1 - Parents will be expected to adhere to the Parent's Code of Conduct.

Section 8.2 - Failure to act in an appropriate manner may result in the following:

- Probation
- Removal from premises
- Being banned from JYSA functions

Section 9 - Grievance Policy

Section 9.1- Grievances apply to rules violations or disputes regarding the JYSA league rules and/or By-laws. Both parents and coaches are eligible to file a grievance.

- The grievance must be in writing and signed by the originator.
- Only unedited Video/audio or surveillance tapes will be allowed in any grievance.
- The grievance document and fee must be surrendered to the President or Vice President within 72 hours of the infraction.
- The Vice President will try to resolve all player related issues first and if irresolvable, then the President will determine if a grievance committee should be formed or a special meeting should convene.
- All grievances must have been attempted to be resolved by the Player's Agent (if applicable), then the President or Vice President, prior to being heard by a grievance committee or an emergency session of the Board.
- All parties noted in the grievance will be required to be present at the grievance hearing. No exceptions!
- The President will call and chair the committee for all grievances.
- The person(s) filing the grievance will be given fifteen (15) minutes to present a case.
- The party being filed upon will be given fifteen (15) minutes rebuttal. A fifteen (15) minute discussion, in an executive session, will follow by the grievance committee.
- The grievance committee will render a decision once all facts have been submitted. Their decision will be final.
- Any discussions of grievances on any public social networks shall cause possible disqualification of grievance if so deemed by the Executive Board.

Section 10 – Sportsmanship

Always show good sportsmanship, don't make a statement that demeans or harasses other parents, players, teams or coaches. Social media (Facebook, Twitter, etc) is not an appropriate forum to voice concerns about a parent, player, referee, coach, or Board Member. Any violation of this rule may result in the following:

- Written Warning
- Require a public apology
- Probation
- Suspension
- Expulsion (recommended revocation of certification if a coach)

Rule V – REFUND & RETURN CHECK POLICY

Section 1 - Refunds

Section 1.1 - Refunds will be issued according to the following policy

Request prior to Camp 75%

Request after practice starts 50%

Requests after competition starts No Refund

Section 1.2 - Late Registration Fees are not refundable at any time.

Section 1.3 - All equipment must be returned prior to refund.

Section 1.4 - Refunds for cheerleaders cannot be issued after uniforms are ordered.

Section 2 - Returned Checks

Section 2.1-Payments made by check to JYSA (Jasper Youth Sports Association) that are not honored by the bank will incur a returned check fee of \$25.00.

Section 2.2 - A collection letter is sent to the account holder notifying them of the returned item and outlining the consequences of not honoring the item within 10 business days.

Section 2.3 -Returned check reimbursement payments must be in the form of cash, cashier's check, certified funds or money order.

Section 2.4 - JYSA will no longer accept check payments from customers with two returned items on their account.

RULE VI- CHEER RULES

Section 1- General JYSA Cheer Rules and Procedures

Section 1.1 - Cheerleaders must travel to all scheduled games or events, regardless of location and time held. It is not an option for a squad to make a choice not to attend any scheduled JYSA game or event collectively for any reason.

Section 1.2 - All cheerleaders must be at the designated meeting place with poms, ready to cheer and receive any last minute instruction 30 minutes before a game or other cheer event. If a cheerleader is more than 15 minutes late, she will not cheer during the first quarter of the game. Cheerleaders must be in full uniform or they will not be permitted to participate.

Section 1.3 - Jewelry may not be worn at games or other events and fingernails must be trimmed to prevent scratching. No visible tattoos or markings are allowed.

Section 1.4 - No casts, hard plaster or soft, are allowed. Soft wrist/ankle/knee braces or taping (without metal or plastic) allowed only. Cheerleaders may only cheer when injured if cleared by doctor.

Section 1.5 - Cheers must be tasteful and age appropriate. No negative taunting or inappropriate language, motions or music. If a Coach or Parent requires further clarification, the Cheer Director should be consulted.

Section 1.6 -No metal accessories for hair may be worn. This includes bobby pins, metal on bows, or clips of any kind.

Section 1.7 - Upon registration, cheerleaders will be fitted for a uniform. Uniforms may include top, skirt, bloomers, socks, poms and camp wear. Cheer shoes are available for purchase as well, but Sideline parents are not required to purchase the shoes provided for sale by JYSA. However, parents are responsible for providing their child with white cheer shoes. Bows and other accessories will be determined by the Coaches, and information for those purchases will be made available once practice begins.

Section 1.8 – All JYSA Cheer practice schedules shall be submitted and approved by Cheer Director.

Section 1.9 - All head cheer coaches shall be trained and certified on stunts from a certified stunt instructor or clinic. No stunting or tumbling will be allowed in practice until the head coach has obtained the required certification and supplied evidence of certification to Cheer Director.

Section 2 – Squad Selection

Section 2.1 – Sideline Cheerleaders may cheer up or down one year outside their age group for Sideline Cheer to follow a sibling. Cheerleaders who cheered with JYSA prior to the 2012 season may cheer for their prior coach (grandfathered) until they graduate from the program. The only exemption from this requirement will be for children of the head coach and one assistant coach per squad.

Section 2.2 - All JYSA Competition Cheerleaders shall be required to cheer with their age group. Cheerleaders who cheered with JYSA prior to the 2012 season may cheer for their prior coach (grandfathered) until they graduate from the program. The only exemption from this requirement will be for children of the head coach and one assistant coach per competition squad.

Section 2.3 - Cheerleaders are assigned to teams based on age and previous year. In the event that there is more than one squad required in an age division the coach with the fewest members will continue to choose until both teams have even numbers.

Section 2.4 - Any remaining cheerleaders will be placed on a team by the Cheer Director.

Section 3 – Sideline Cheer Rules

Section 3.1 – Sideline Cheerleading will be governed by the rules of the governing league in which JYSA football teams participate.

Section 3.2 -Water bottles are allowed on the sidelines for water breaks as deemed necessary by the Coach. Cheerleaders will NOT leave the sideline to take a water break during the game. At no time during the game should the cheerleaders be standing in front of the spectators eating. Eating should be taken care of before and after the game and during halftime.

Section 3.3 - Coaches will have music and cheer rosters delivered to the press box by the start of the first quarter.

Section 3.4 - The 6U squad has the opportunity to rest during the 3rd quarter and resume cheering for the last quarter of the game. All other squads may rest for the first 3 minutes of the 3rd quarter, then resume cheering for the remainder of the game.

Section 3.5- Sideline Squads are encouraged to schedule practices during their football teams regular practice time. When possible, the squads should practice in the same location. Exceptions may be made to this during inclement weather conditions. Cheerleaders in 6U will practice no more than twice a week for one hour per session. All other squads may practice up to three times per week, but no more than four hours per week.

Section 3.6 - Cheer coaches will designate which practices each week are dedicated to halftime performances. If a cheerleader is absent at such practice, they will not participate at the following game during halftime, unless the routine has not changed or unless the coach chooses to alter the routine easily so as to include the child when possible.

Section 3.7 -If all practices in one week are missed, the cheerleader will not cheer during the following game.

Section 3.8 – All JYSA sideline cheer squads shall practice 2 times per week after season begins for sideline cheer routines until mid-season. At mid-season head cheer coach may ask Cheer Director to move to one practice per week for sideline with additional practice for Competition.

Section 3.9 - Halftime-in the event of home games, Coaches should introduce themselves to the opposing team's coach before the end of the 2nd quarter and ask them to perform first as our guest. During the opposing team's performance, our squads will sit on the sideline and cheer for the other squad. Once the other squad has finished, our squads will take their place on the field to perform. Dances, stunts, jumps and cheers are allowed during halftime, as long as appropriate for both age and young audiences. See guidelines for stunting by age group. Each squad has no more than 3 minutes to perform cheers are allowed during halftime, as long as appropriate for both age and young audiences.

Section 3.10- At the end of the game, cheerleaders shall line up behind football players to shake hands with other team.

Section 4 – Competition Cheer Rules

Section 4.1 - A cheerleader who misses more than two required competition practices may not compete; due to the amount of additional time required to re-teach material missed in practice. **Exception would be proven illness or other family emergency.** Competition practices may begin any time after cheer camp at the head coach's discretion, but may not interfere with scheduled sideline practices of the same age group.

Section 4.2 - Only full season JYSA cheerleaders and coaches are allowed to volunteer for cheer competition. The deadline for signing up for competition cheerleading is the registration deadline to allow the coach time to prepare the competition routine. (This rule does NOT apply to “tryout” squads.)

Section 5 - Cheer Camp

Section 5.1- Attendance is mandatory for all cheerleaders.

Section 5.2 - Camp wear must be worn for each day of camp. Hair must be worn away from the face. Cheer shoes or tennis shoes are required. No jewelry of any kind may be worn.

Section 6 – Sideline Stunt Guidelines

- a. All stunts shall be practiced and performed on cheer mats or grass. NO STUNTING IS ALLOWED ON HARD SURFACES.
- b. All cheer coaches shall be trained and certified on stunts from a certified instructor or clinic. No stunting or tumbling will be allowed in practice until the head coach has obtained the required certification and supplied evidence of certification to Cheer Director.
- c. USASF/IASF Level 1 stunting is allowed for ages 6U, with additional restrictions listed below in 6.1.
- d. USASF/IASF Level 2 stunting is allowed for ages 7 and up,
- e. Stunt guidelines will apply to cheerleaders based on their actual age, not the age of the squad they are cheering with. Clarification: a 6 year old cheerleader who cheers on a 10U squad can only perform stunts allowed for a 6 year old.

Section 6.1- 6U Sideline Squads - Stunts are only permitted knee level and below with appropriate spotters. Clarification: Thigh stands are permitted from a kneeling position only. Cheerleaders under the age of 5 may not stunt on any squad.

Rule VII – WRESTLING RULES

Section 1 – Wrestling coaches shall be registered with USA Wrestling.

Section 2 – Wrestlers shall be registered with USA Wrestling.

Section 3 - Wrestling Program will follow USA Wrestling Rules and Regulations

Section 4 - Wrestling Practices will be governed by USA Wrestling Rules and will be set by the wrestling director and head coach.

Rule VIII – BASEBALL RULES

Section 1 – Baseball coaches will submit a background check JYSA and will complete any required certifications.

Section 2 – The JYSA Baseball Director has the discretion to make or modify rules for all JYSA baseball activities and events, subject to final approval by the JYSA Executive Board.